

## Got A Question?

01530 832926

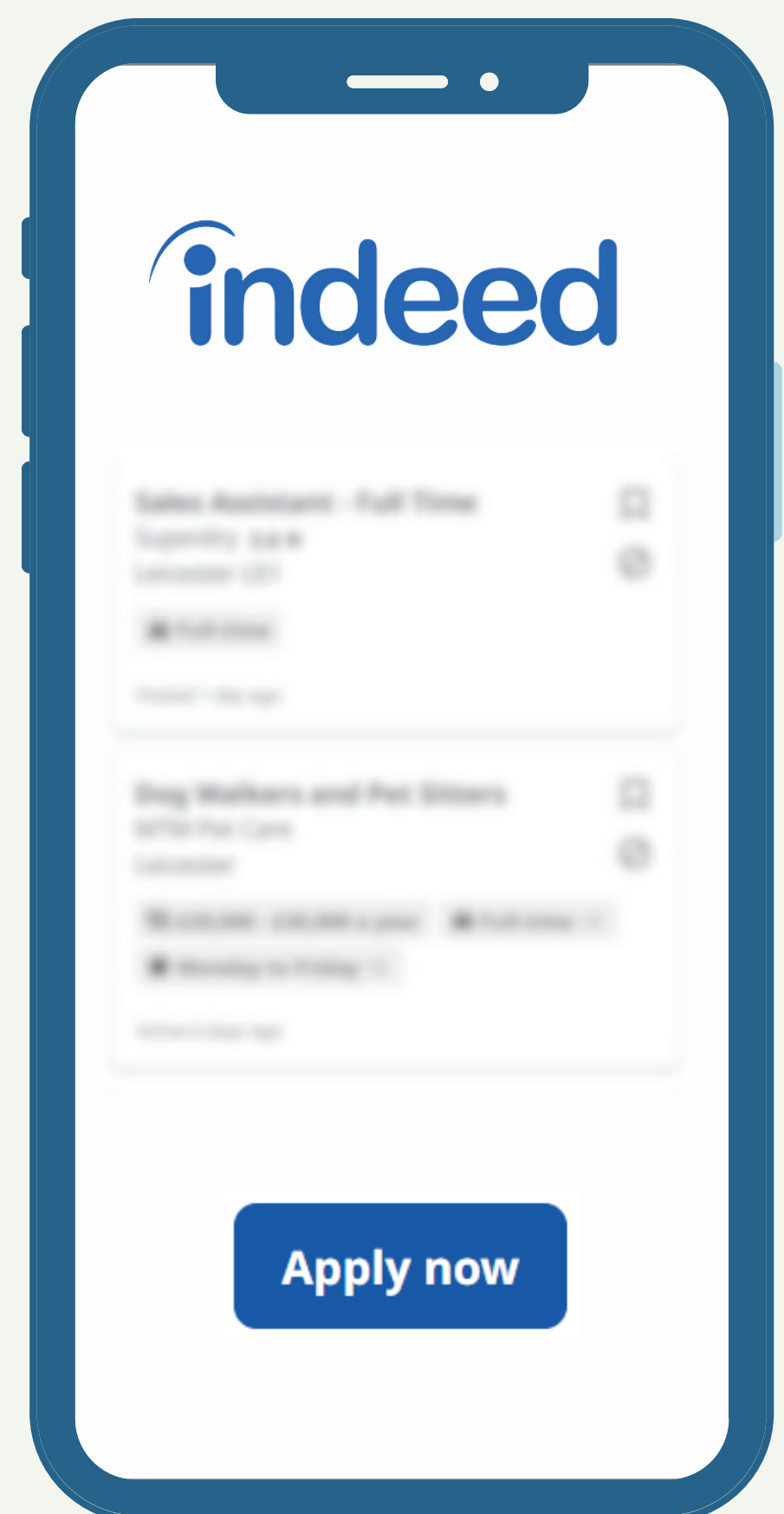
hello@enrych.org.uk

# Employability Service

Are you living with a disability, neurodiversity or poor mental health and looking for a job? You're in the right place! We offer employability support tailored to your specific needs. Whether you need assistance identifying the right career path or working with employers to ensure smooth inductions and training, we are here to help.

Our course includes:

- Initial Meet
- Confidence / Motivation Building
- Skills Assessment
- Personal Goals and Plan Of Action
- CV Writing
- Interview Skills Preparation
- Work Experience



For more details and to book a timeslot please contact us today. We want to help you on your employment journey!



THE  
MARLENE  
REID  
CENTRE



## Got A Question?

01530 832926

hello@enrych.org.uk

# Course Structure

**Initial Meeting: In-person or Online** – Discover the tailored support you need with our free initial consultation. Together, we'll determine the best way to help you achieve your career goals.

## Step-by-Step Guidance to Get Job-Ready:

**1. Confidence and Motivation Session** – Boost your self-belief and get motivated to achieve your dreams.

**2. Finding Skills Session** – Explore your unique abilities and hidden strengths.

**3. Discover Careers That Match Your Skills** – Identify the jobs that align with what you do best.

**4. Set Achievable Goals** – Create a clear action plan for your career path.

**5. Cover Letter & CV Writing Workshop** – Craft a standout CV that showcases your talents.

**6. Interview Preparation** – Learn how to answer questions and leave a lasting impression.

**7. Practice Interview** – Gain confidence in a friendly, hands-on office setting.

**8. Mock Interview with a New Interviewer** – Polish your skills with a realistic interview experience.

**9. Work Experience (Optional)** – We are partnered with local organisations such as Meadow Barn View and Heather St Johns Football Club to enable you put your new skills into practice.

**Got A Question?**

01530 832926

hello@enrych.org.uk

# Case Study

## Rebecca's Journey to Confidence and New Opportunities

Rebecca has been a dedicated volunteer at Headway for eight years, consistently making a positive impact in her community. Her recent involvement with Enrych's Employability Programme has been transformative, helping her build confidence and explore new opportunities.

Rebecca started attending the Enrych's Boccia group on Thursdays and quickly found it so enjoyable and beneficial that she added the Tuesday group to her schedule. These sessions have played a crucial role in boosting her self-assurance and expanding her social connections. In addition to Boccia, Rebecca has begun volunteering at Heather St John's Football Club on match days. This role has allowed her to develop her interpersonal skills and gain hands-on experience in a dynamic and supportive environment.

Rebecca's journey doesn't stop at volunteering. She has actively started applying for paid roles, showcasing her drive to translate her skills into employment. A significant milestone awaits her in January, when she will enrol in a two-day hospitality course at Meadow Barn View. This exciting opportunity is a stepping stone toward achieving her professional goals and broadening her horizons.

Through her participation in Enrych's Employability Programme, Rebecca has shown remarkable growth. Her willingness to engage in new experiences, coupled with her commitment to self-improvement, demonstrates the program's success in empowering individuals to achieve their potential.

Rebecca's journey is an inspiring example of how tailored support, inclusive activities, and a focus on employability can help individuals unlock new opportunities and achieve personal growth.



**Got A Question?**

01530 832926

# Meet The Support Service Team



"I am passionate about creating equal opportunities and helping individuals unlock their true potential to pursue the careers they aspire to, empowering them to live more independently. Watching people grow in confidence and achieve their goals is incredibly rewarding."

**– KARL, EMPLOYABILITY LEAD.**

"I just love working for Enrych and helping to support individuals to be the best version of themselves! Being part of growing their self-confidence is very rewarding indeed."

**– TRACEY, EMPLOYABILITY COACH**



"As a neurodivergent individual, I advocate for a better working world – a world where all people can thrive and be a part of a harmonious workplace. As an employability coach, I aim to empower others to find fulfilling work and live purposeful lives, whether through paid or voluntary roles."

**– SAM, EMPLOYABILITY COACH**