ONLINE GROUPS CALENDAR

EVERYONE IS WELCOME TO JOIN ANY OF OUR WEEKLY SESSIONS ON ZOOM!

Meeting ID: 776 753 8103 Password: enrych2021 except*

*Fun with LCFC: Meeting ID: 981 0392 9466 Password: 587440

MON	TUE	WED	THU	FRI	
Seated Exercise Class 11.30am - 12 Noon	Coffee Morning 11am – 12 Noon		Art Group 11am–12 Noon		
	Fun with LCFC * (Exercises & Games) 11am – 11.40am	Cyber Soccer 11am - 12 Noon	Crafternoon 12 Noon – 1pm		
		General Knowledge Quiz 1pm - 2pm			
		ARICH.			

Enabling Independence